

# **International Association of Clinical Hypnotherapy**

## ***Certification Process for Registered Hypnotherapists***

Dear Applicant,

Thank you for your interest in joining the International Association of Clinical Hypnotherapy as a Registered Hypnotherapist. We are proud of our high professional standards. Upon completing the certification process you will receive a professional certificate and be eligible to be included on our free referral service on our website, [www.hypnosis4u.org](http://www.hypnosis4u.org).

### **Our certification process has two sections:**

- 1. 28 Multiple Choice Questions**
- 2. Demonstration of Hypnosis Proficiency**

1. The **multiple choice questions** are taken on line at our web site. You will be given a criteria and instruction guide and a password **after** we have received your application and membership dues. It covers basic hypnosis information. (Instruction and criteria information available upon request)

2. The **demonstration** is administered in **one** of three ways: In person with an IACH board member; via webcam; or submitted via audio tape or CD

You may choose one of these following areas for your demonstration.

1. Habit control (weight, smoking, nail biting etc)
2. Anxiety resulting in insomnia
3. General stress.

Your demonstration is to be an abbreviated session of 20 - 25 minutes.

### Your demonstration must include the following:

Identify the issue for your demonstration. Example "stop smoking"

Hypnosis induction

Direct suggestion

Indirect suggestion

Imagery or metaphor

Awakening

### **The exam may be waived if you:**

1. Have been in practice for a minimum of 2 years with a minimum of 250 hours of direct hypnotherapy work with clients.
2. Volunteer to be a speaker at one of our IACH meetings.

**Please contact Korean Callahan at [4klc@cox.net](mailto:4klc@cox.net) or call (714) 501-5158 to schedule your certification after submission of your application and membership dues.**